

Trammell Is For Real

BLACKSBURG, Virginia, February 13-14—A lot of high school stars simply fade away once they get to college. Based on the results of the Virginia Tech Invitational, '97 prep Athlete Of The Year Terrance Trammell isn't going to be one of those.

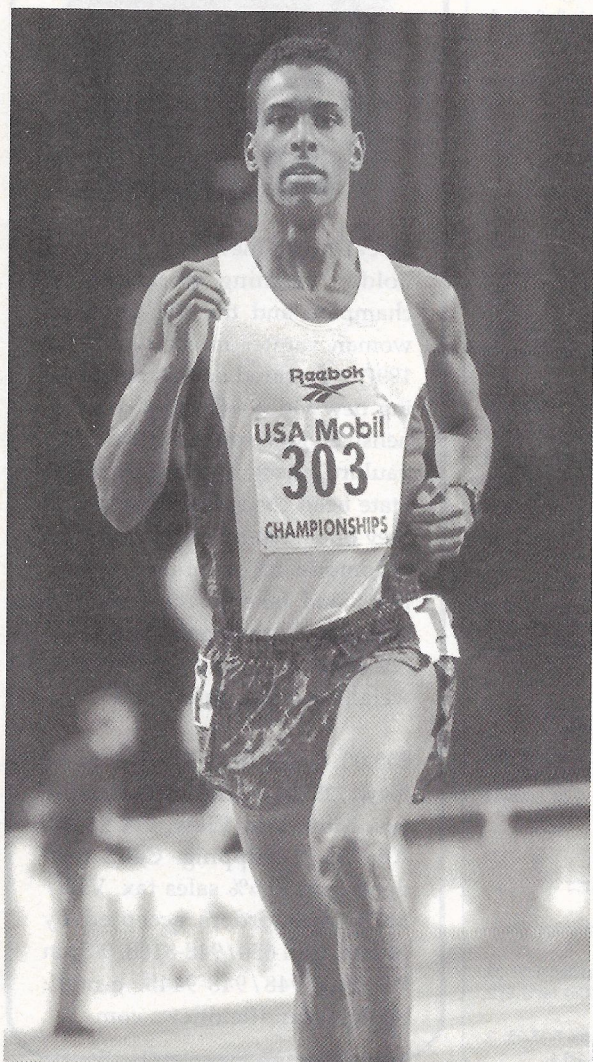
The South Carolina frosh showed that he will be not only a hurdle star—which everyone expected—but may also be a sprint force to reckon with. The Georgia native bounded over the 60H in 7.68 to earn a share of No. 8 on the all-time collegiate list, and also ran the flat 60 in 6.61, making him =No. 9 ever among American collegians. This is one to watch.

200m banked synthetic

— MEN'S RESULTS —

60: 1. Trammell (SC) 6.61 (=9, x AmC); 2. Graham (Tn) 6.68; 3. Carroll (FI) 6.73.

Holman went out very fast in the New Balance 1000, then hung on for a 2:21.45 victory.



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200: 1. Clay (Asics) 20.87; 2. Carroll (FI) 21.07.
400: 1. Hackley (FI) 46.46.
800: 1. Watts' (SC) 1:49.01; 2. Stallings (unat) 1:49.48.
Mile: 1. Howell (NCSt) 4:05.72; 2. Berry (unat) 4:06.56; 3. Rodgers (NCSt) 4:06.76.
3000: 1. Henes (adi) 8:02.49; 2. Lopeman (adi) 8:06.96.
60H: 1. Trammell (SC) 7.68 (=8, x C).
4 x 400: 1. Florida 3:07.59; 2. North Carolina 3:07.73; 3. South Carolina 3:13.73; 4. Tennessee 3:13.83.
DisMed: 1. James Madison 9:47.01; 2. Florida 9:49.99.

Field Events

HJ: 1. Furman (FI) 7-5 $\frac{3}{4}$ (2.28).
PV: 1. Mack (unat) 18-2 $\frac{3}{4}$ (5.56); 2. Johnson (Tn) 17-9 $\frac{1}{4}$ (5.42).
LJ: 1. McGhee (unat) 26-4 $\frac{1}{4}$ (8.03); 2. Audu (PennSt) 25-6 $\frac{1}{4}$ (7.78); 3. Millner (FI) 25-6 (7.77).
TJ: 1. Frazier (NCAT) 50-11 (15.52).
Wt: 1. McNutt (PennSt) 63-8 $\frac{3}{4}$ (19.41).

— WOMEN'S RESULTS —

60: 1. Jett (FI) 7.38.
200: 1. Jett 23.56; 2. Cox (NC) 23.86.
800: 1. Howell' (SC) 2:07.24; 2. Certain (FF) 2:08.70.
Mile: 1. Newcome (FI) 4:55.39.
3000: 1. Lynch (Fila) 9:08.31; 2. Philip (NBal) 9:25.47; 3. Rhoads (NCSt) 9:27.51; 4. Eigel (JM) 9:38.74.
60H: 1. Colander (NC) 8.26; 2. Faustin (NC) 8.31.
4 x 400: 1. Florida 3:38.21; 2. North Carolina 3:38.75; 3. South Carolina 3:39.42; 4. Tennessee State 3:42.45.
DisMed: 1. Florida 11:25.20.

Field Events

HJ: 1. Ganes (NC) 5-10 (1.78).
PV: 1. Nixon (SC) 11-7 $\frac{3}{4}$ (3.55).
LJ: 1. Day (FI) 20-3 (6.17); 2. Wright (FI) 20-2 $\frac{1}{2}$ (6.16).
TJ: 1. Cabbler (GF) 42-10 $\frac{3}{4}$ (13.07).
Wt: 1. Heaston (FI) 59-6 $\frac{1}{4}$ (18.14).

NEW BALANCE INVITATIONAL

Holman & Nesbit Produce Leaders

Roxbury, Massachusetts, February 20 /by Jonathan Berenbom/—At what has become the premier indoor track meet in New England, Joan Nesbit and Steve Holman highlighted the New Balance Invitational with a pair of U.S.-leading performances.

Leading from start to finish, Nesbit cruised to a 9:01.35 win in the 3000. She ran the first 10 laps at a consistent 72-73 pace. As Alisa Hill moved up into 2nd to challenge at 2km, Nesbit surged away decisively. Despite easing up in the final straight, she covered her final kilo in an impressive 2:57.

In a race reminiscent of his

'96 USATF Indoor mile win, Holman used an atypical racing strategy to win the 1000. As in that nationals, Holman broke the field early with a blistering pace and held on for the victory.

In this race, he followed the rabbit though a 54.04 opening quarter and opened up a 20m lead. That margin remained intact through the 800 (1:51.42) before shrinking to 5m over the last lap, as Holman hung on to win in 2:21.45.

With the rest of the field basically running for 2nd, a great race ensued for the runner-up position. Halfmilers Bryan Woodward (2:21.93) and Mario Vernon-Watson (2:21.94) outkicked Michigan's Kevin Sullivan (2:22.01) over the final 100.

A week after upsetting Michelle Freeman to win at Millrose, Melissa Morrison continued a strong season with an impressively easy 7.93 win in the 60H.

South Carolina's frosh sensation, Terrance Trammell, took the men's hurdles in 7.64. Running against a field that included Olympian Eugene Swift (3rd in 7.73) and Athens finalist Terry Reese (4th in 7.74), Trammell opened up a lead of nearly a meter by the first hurdle and maintained most of that edge to the finish.

Carlette Guidry switched events from the 60 to the 200, then blasted to a convincing win in 23.07 over Beverly Grant (23.44). Jearl Miles-Clark finished a sluggish 4th in 23.78.

200m banked synthetic

— MEN'S RESULTS —

60: 1. Brokenburr (Nik) 6.63; 2. Harden (Miz) 6.64; 3. Evans (adi) 6.66; 4. Bridges (SC) 6.67; 5. Bobb (unat) 6.70.
200: 1. Mallard (Miz) 21.22; 2. McIntosh' (Bah) 21.33.
400: 1. Martin' (Jam) 46.78; 2. Davis (adi) 46.79; 3. Minor (Nik) 47.35; 4. Hall (Asics) 48.33; 5. Woody (GIA) 48.48; 6. Adkins (Vec) 49.01.
1000: 1. Holman (unat) 2:21.45; 2. Woodward (ReebE) 2:21.93; 3. Vernon-Watson' (Jam) 2:21.94; 2:21.94; 4. Sullivan' (Mi) 2:22.01; 5. Nedeau (NBal) 2:22.91; 6. Gray (Brown) 2:23.08; 7. Shearer (CMS) 2:24.07; 8. Rock (Nik) 2:29.13.
Mile: 1. Aden' (Som) 3:59.02; 2. Boulet (NBal) 4:00.79; 3. Herrington (NBal) 4:01.09; 4. Paranya (Asics) 4:02.04; 5. Davey' (Brown) 4:02.75; 6. Pyrah (Miz) 4:03.18; 7. Sivieri (ReebE) 4:05.29; 8. Stallings (unat) 4:06.61.
3000: 1. Gillespie' (GB) 7:52.61; 2. Mortimer (Mi) 7:56.11.
60H: 1. Trammell (SC) 7.64 (5, 8 C); 2. York (NYPC) 7.70; 3. Swift (NBal) 7.73; 4. Reese (Vec) 7.74; 5. Foster' (Jam) 7.81.
HJ: 1. Brown (HSou) 7-6 (2.29); 2. Jenkins (Nik) 7-1 $\frac{3}{4}$ (2.18); 3. Conway (unat) 6-10 $\frac{3}{4}$ (2.10); 4. Barton (unat) 6-10 $\frac{3}{4}$.
TJ: 1. Carter (Nik) 55-6 $\frac{1}{2}$ (16.93); 2. Romain' (Dmn) 54-6 (16.61); 3. Cobb (Reeb) 52-7 $\frac{1}{2}$ (16.04).

— WOMEN'S RESULTS —

60: 1. Mondie-Milner (Nik) 7.25; 2. Sturupp' (Bah) 7.25.
200: 1. Guidry (adi) 23.07; 2. Grant' (Jam) 23.44; 3. Mondie-Milner 23.49; 4. Miles-Clark (Reeb) 23.78.
400: 1. Stroman (adi) 53.62; 2. D. Howard (unat) 54.21.
800: 1. Rounds (Nik) 2:04.30; 2. DiMuro-Ave (Nik) 2:04.78; 3. Henner (Reeb) 2:05.82; 4. Fletcher' (Can) 2:06.87; 5. Eddins (RLTC) 2:07.01; 6. Williams-Sewer' (Dmn) 2:07.29.
Mile: 1. ten Bessel (NBal) 4:36.89; 2. Wells (Nik) 4:38.00; 3. Griffiths' (GB) 4:44.16; 4. L. Baker (NBal) 4:49.17.
3000: 1. Nesbit (NBal) 9:01.35; 2. Hill (NBal) 9:09.51; 3. Spies (NBal) 9:11.43; 4. Ihle (Nik) 9:12.17; 5. Vasto (Asics) 9:13.34; 6. Watcke (NBal) 9:29.97.
60H: 1. Morrison (Reeb) 7.93; 2. Rose' (Jam) 8.07; 3. Dickey (Nik) 8.28; 4. Allahgreen' (GB) 8.34; 5. Atterberry (unat) 8.40; 6. Harrison (Prin) 8.42.
HJ: 1. Bradburn-Spangler (Nik) 6-0 (1.83); 2. Jennings' (GB) 5-10 $\frac{3}{4}$ (1.80).
LJ: 1. Edwards' (Bah) 20-4 $\frac{1}{2}$ (6.21); 2. Hyacinth' (VI) 20-1 (6.12).