

WESTERN REGION TRACK & FIELD *Championships* 1984



MPHS

1984 Regional Officials

Meet Director: Richard Prince

Asst. Directors: Wallace Davis, Fetty Berry & Steve Prevatte

Games Committee: Russ Woodard, Sue Shinn, Gerald Todd, Larry Wittenburg
Richard Prince

Referee: Sterling Martin, Davidson College

Clerk of Course: Frasier Ives

Starter: Roy Bradley

Recall Starter: Connie Sessums

Scorers: Ralph Sandiford, Larry McAfee, Christi Camp & Lee Bradley

Recorders: Guy Soule & Jean Featson

Accutrack: Jim Earley, Jimmie Steele, Brian Foley & Keith Merritt

Head Judge & Timer: Laney Funderburk

Judges & Timers:

Hank Graphwohl	Carol Manning(E)	Ann Washington
Thermon Gibbons	Ted Shonts(E)	Susie Hoskins(E)
Jane Bradley	Kathy Shonts(E)	Ron Payne(E)
Joe Manning	Dick Jenkins(E)	Marty Payne(E)
Wade Murphy	Jim Hoskins	Mike Payne
Barbara Anderson(E)	Joyce Ambrose(A)	Donna Soule
Margaret Brunner	Lisa Stockton(E)	Ken Scruggs
Phil DeFerry(E)	Holly Seymour	William Henderson
Theresa DeFerry	Mike Dickson	Barbara Smith
		Lois Funderburk

Head Inspectors: Keith Helms & Jim Villella

Inspectors:

Nelson Marshall(E)	Ed Easton	Stacy Almond
Ed Murphy(E)	Ted Shonts	Walt Foster
Roger Price(A)	Jon Smylie	Tommy Robbins
Chunk Helms(E)	Malcolm Ferguson	John Campbell
		Jerry Roth

Announcers: Dick Williams & James Eraswell

Shot put: Jerry Roth, Huntley, Jardine Massey, Torbet

Discus: Jim Smith, Foster, Young, Smith

Long jump: Kent Walker, Compton, Massey, Apple Lamoy, Mason

Triple jump: Tony Reid, Campbell, Chapman, Hartman, Reynolds

High jump: Anne Matthews, Hogewood

Pole vault: Steve Edwards, Clay Morgan, Collins, Pressley, Turner

Awards: Lois Funderburk

Blocks: Reggie, Sarah, Adam

Runners: Means, Harriss, Hurteau

String: Foulware & Steele

Hurdles: Chisholm, Crowder, Hoskins, Outlaw, Risung, Weller, Erice, Castellanos,
Cox, Dawkins, Grier, Moore, Stafford, Watson, Wilson, Zimmerman

Cover: Mary Chapman

Regional Information Sheet

1. 1st through 4th place runners will advance to the finals from the afternoon trials on the 100 and 110 hurdles, 100, 400, 200 hurdles 300 intermediate hurdles and 200. Finals will begin at 6:00. All field events will be in the afternoon.
 2. No participants are to be in the main campus of Myers Park High School. All violators are subject to arrest and disqualification from the meet. Meet areas are the gym and track only.
 3. For the evening and afternoon session, only athletes in uniform will be allowed in.
 4. If any question arises, we request the coach to go to the referee first. No coach will be allowed to question an official unless he has been to the referee.
 5. No headgear or watches are to be worn.
 6. The decision of the judges are final.
 7. At the conclusion of each race the runners are to return to the finish line. This is to aid the judges and timers. We ask your help in keeping spectators away from the finishers until they have been released by the head timer. Any team members running on the track may cause the runners to be disqualified.
 8. The high jump will start at 4'10" for women and 6'0" for men. No throws will be measured in the shot under 30' and 45'. No jump in the long jump will be measured under 15' and 20' and the triple jump 30' and 40'. The pole vault will start at 11'6".
 9. During any race no runners will be allowed on the track side of the white line.
 10. All coaches are to remain in the stands during the running events.
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N. C. H. S. A. A.

WESTERN REGIONAL GIRLS TRACK
RECORDS AFTER 1983 MEET

<u>EVENT</u>	<u>RECORD HOLDER</u>	<u>SCHOOL</u>	<u>TIME/DIST.</u>	<u>SET IN</u>
LONG JUMP	TERESA ALLEN	GARINGER	20'2 3/4"	1983
HIGH JUMP	WENDY RAY	WESTERN GUILFORD	5'8"	1979
TRIPLE JUMP	PAM MONROE	EASTERN RANDOLPH	38'8 3/4"	1981
SHOT PUT	SHUNTA ROBINSON	NORTH MECKLENBURG	42'10 1/2"	1981
DISCUS	KATRINA SWANSON	MYERS PARK	133'5"	1983
100 METER LOW HURDLES	CLARA HAIRSTON	EAST FORSYTH	13.5	1981
100 METER DASH	TERESA ALLEN	GARINGER	12.0	1983
800 METER RELAY	MARJORIE ROACH SHAWNE BOYD PHAEDRA MURRY KATHY LEEPER	HIGH POINT ANDREWS	1:41.1	1981
1600 METER RUN	KAREN MYERS	NORTH IREDELL	5:08.4	1979
400 METER RELAY	CAROL WILLIAMS TONYA SOUTHERN JAMIE CATHCART ROBIN CREMEDY	EAST FORSYTH	48.5	1982
400 METER DASH	APRIL COOK	WATAUGA	56.0	1983
200 METER LOW HURDLES	SANDRA NICHOLS	THOMASVILLE	28.2	1981
800 METER RUN	PAT MILLER	A. C. REYNOLDS	2:17.2	1982
200 METER DASH	VANESSA HAMMOND TERI LeBLANC	HICKORY SOUTH MECKLENBURG	24.9 24.9	1982 1983
3200 METER RUN	KAREN THOMPSON	EAST HENDERSON	11:14.4	1980
1600 METER RELAY	MARJORIE ROACH ONDREA DOUGLAS VON PAYNE KATHY LEEPER	HIGH POINT ANDREWS	4:00.8	1982

ALL RECORDS MUST BE SET IN REGIONAL MEET

MYERS PARK HIGH SCHOOL

CHARLOTTE

MAY 12, 1983

N.C.H.S.A.A. WESTERN REGIONALS BOYS TRACK RECORDS
AFTER 1983 MEET

<u>EVENT</u>	<u>HOLDER</u>	<u>SCHOOL</u>	<u>TIME/DIST.</u>	<u>SET IN</u>
LONG JUMP	JIMMY ALLEN	FOREST HILLS	24'3"	1982
HIGH JUMP	CHARLES MACK	NORTH FORSYTH	6'10½"	1981
TRIPLE JUMP	JOHN TILLMAN	PARKWOOD	48'7½"	1982
SHOT PUT	DARRYL HARRIS	NO. MECKLENBURG	58'4½"	1980
DISCUS	GEORGE FOX	BUNKER HILL	173'6"	1981
POLE VAULT	ALVIN CHARLESTON	EAST ROWAN	15'0"	1979
110 METER HIGH HURDLES	ODELL WILLIAMS	NORTH IREDELL	14.1	1982
100 METER DASH	OLLIE TAYLOR	DUDLEY	10.5	1982
800 METER RELAY	TODD MAYES HERBERT DUNN WILLIAM EVANS STEPHAN BREWER	WEST MECKLENBURG	1:27.2	1980
1600 METER RUN	KEN DOWDLE	MYERS PARK	4:14.8	1980
400 METER RELAY	DON GUY GEOFFREY CROSBY JESSIE HOWARD STEVE GRIFFIN	SOUTH MECKLENBURG	42.1	1981
400 METER DASH	DALTON HALL	GRIMSLEY	46.8	1983
300 METER LOW HURDLES	SCOTT GILMER	WESTERN GUILFORD	37.2	1982
800 METER RUN	TROY HALL	CUMMINGS	1:54.3	1982
200 METER DASH	DALTON HALL	GRIMSLEY	21.3	1983
3200 METER RUN	ROBERT BAKER	NORTH IREDELL	9:21.1	1980
1600 METER RELAY	TODD MAYES HERBERT DUNN WILLIAM EVANS STEPHAN BREWER	WEST MECKLENBURG	3:20.1	1980

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(RECORDS PRIOR TO 1979 NOT AVAILABLE)