

100 METER LOW HURDLES

1	TRACY EASTER	WEST CHARLOTTE	14.1
2	PATRICIA WHITWORTH	ASHBROOK	14.1
3	SONJA MARSHALL	OLYMPIC	14.5
4	TRACY BRISTON	R.J.REYNOLDS	15.0
5	HELEN BAILEY	WEST IREDELL	15.1
6	RENEE DANCY	WEST WILKES	15.2

200 METER LOW HURDLES

1	TRACY EASTER	WEST CHAR.	28.3
2	TRACY BRISTON	R.J.REYNOLDS	28.7
3	WANDA FOSTER	WEST ROWAN	29.7
4	LINDA WHITE	HI.PT.CENTRAL	29.9
5	LISA McLEAN	INDEPENDENCE	30.1
6	RENEE DANCY	WEST WILKES	30.6

100 METER DASH

1	VANESSA HAMMOND	HICKORY	12.2
2	ROBIN CREMEDY	EAST FORSYTH	12.4
3	JO MILLER	POLK CENTRAL	12.4
4	TERESSA ALLEN	GARINGER	12.4
5	TERESSA GILLESPIE	SOUTH ROWAN	12.4
6	HELENA PASS	MOREHEAD	12.5

800 METER RUN (NEW RECORD)

1	PAT MILLER	A.C.REYNOLDS	2:17.2
2	LEAH ANN MILLER	NORTH ROWAN	2:21.0
3	LISA MUCKENFUSS	WEST GUILFORD	2:22.9
4	NANCY SWANN	NORTH STANLY	2:24.7
5	AMY PADGETT	T.C.ROBERSON	2:25.1
6	TRACY CURTIS	S.E. GUILFORD	2:26.3

800 METER RELAY

1	T.W. ANDREWS	HIGH POINT	1:42.4
	(MARIORE ROACH-ONDREA DOUGLAS)		
	(VON PAYNE-KATHY LEEPER)		
2	GRIMSLEY		1:44.9
3	WEST CHARLOTTE		1:45.8
4	HICKORY		1:48.0
5	BREVARD		1:48.1
6	MOORESVILLE		1:48.4

200 METER DASH (NEW RECORD)

1	VANESSA HAMMOND	HICKORY	24.9
2	ROBIN CREMEDY	EAST FORSYTH	25.1
3	JO MILLER	POLK CENTRAL	25.3
4	TERESA ALLEN	GARINGER	25.5
5	HELENA PASS	MOREHEAD	25.6
6	PATRICIA WHITWORTH	ASHBROOK	25.7

1600 METER RUN

1	CAROLYN RUFF	TRYON	5:12.0
2	ROBIN ANDREWS	W. GUILFORD	5:14.2
3	CHARLOTTE CARLSON	N.W.CABARRUS	5:15.6
4	DAWN McDANIEL	MOREHEAD	5:16.1
5	MARY DANIELS	BREVARD	5:30.5
6	BETH RUGGLES	EAST BURKE	5:30.8

3200 METER RUN

1	CHARLOTTE McCALL	McDOWELL	11:28.3
2	CINDY LITTLE	T.D.ROBERSON	11:31.8
3	ROBIN ANDREWS	W. GUILFORD	11:44.0
4	CHARLOTTE CARLSON	N.W.CABARRUS	11:55.1
5	LIBBY WILDOH	SURRY CENTRA	11:57.3
6	WENDY McLEES	GRIMSLEY	12:00.4

400 METER RELAY (NEW RECORD)

1	EAST FORSYTH	48.5
	(CAROL WILLIAMS-TONYA SOUTHERN)	
	(JAMIE CATHCART-ROBIN CREMEDY)	
2	GARINGER	49.7
3	PAGE	50.2
4	HARDING	50.2
5	HICKORY	50.4
6	SHELBY	50.6

1600 METER RELAY (NEW RECORD)

1	T.W. ANDREWS	HIGH POINT	4:00.3
	(MARIORE ROACH-ONDREA DOUGLAS)		
	(VON PAYNE-KATHY LEEPER)		
2	SOUTH MECKLENBURG		4:05.2
3	MOORESVILLE		4:06.2
4	THOMASVILLE		4:10.5
5	T. C. ROBERSON		4:11.5
6	HIGHPOINT CENTRAL		4:12.5

400 METER DASH (NEW RECORD)

1	TONJA WHITE	PAGE	56.1
2	DARWIN DAVIS	SOUTH MECK.	56.7
3	APRIL COOK	WATAUGA	57.0
4	TERESA GILLESPIE	SO. ROWAN	57.2
5	JAMIE CATHCART	EAST FORSYTH	58.2
6	TERESA NORRIS	NO. STANLY	59.3

LONG JUMP (NEW RECORD)

1	KATRINA GRIER	WEST CHAR.	19' 6 $\frac{1}{2}$ "
2	CATHERINE SANDERS	PARKLAND	19' 5 $\frac{3}{4}$ "
3	TERESA ALLEN	GARINGER	19' 0 $\frac{1}{2}$ "
4	KATHY LEEPER	T.W.ANDREWS	18' 7 $\frac{1}{2}$ "
5	DEE DEE SLADE	REIDSVILLE	18' 1 $\frac{1}{2}$ "
6	MIRIAM BAKER	FREEDOM	17' 10 $\frac{1}{4}$ "

HIGH JUMP

1	PAT POOLE	EAST ROWAN	5' 6"
2	RENEE DANCY	WEST WILKES	5' 6"
3	PONDA BROWN	HI.PT.CENTRAL	5' 2"
4	KASEY BARNETTE	E.HENDERSON	5' 2"
5T	GINA MacNEILAGE	CENT.DAVIDSON	5' 0"
5T	PATRICIA WHITWORTH	ASHBROOK	5' 0"

TRIPLE JUMP

1	VICKIE WATKINS	THOMASVILLE	38' 4 $\frac{3}{4}$ "
2	KATRINA GRIER	WEST CHAR.	38' 3 $\frac{1}{2}$ "
3	VANESSA HAMMOND	HICKORY	37' 10 $\frac{1}{4}$ "
4	MARJORIE ROACH	T.W.ANDREWS	36' 11 $\frac{1}{2}$ "
5	RENEE DANCY	WEST WILKES	35' 6"
6	TONJA WHITE	PAGE	35' 4 $\frac{3}{4}$ "

GIRLS REGIONAL TRACK RESULTS

SHOT PUT

1	SHUNTA ROBINSON	NORTH MECKLENBURG	42' 7 $\frac{1}{2}$ "
2	LISA STOCKTON	WEST. GUILFORD	39' 1"
3	SARAH GARDNER	DAVIE COUNTY	38' 9"
4	CAROLINE DAVIS	EAST GUILFORD	38' 1 $\frac{1}{2}$ "
5	JACKIE GANDY	THOMASVILLE	37' 3 $\frac{3}{4}$ "
6	KATRINA SWANSON	MYERS PARK	36' 7"

DISCUS (NEW RECORD)

1	KATRINA SWANSON	MYERS PARK	128' 8"
2	JACKIE GANDY	THOMASVILLE	127' 0"
3	TAMMY WITHERSPOON	MYERS PARK	120' 7"
4	JANET BURLESON	McDOWELL	117' 7"
5	LISA STOCKTON	WEST GUILFORD	117' 0"
6	YVETTE COOK	NORTH ROWAN	116' 11"

TEAM SCORES

PLACE	TEAMS	POINTS	PLACE	TEAMS	POINTS
1	WEST CHARLOTTE	44	25	PARKLAND	8
2	HICKORY	32	26T	MOORESVILLE	7
3	WESTERN GUILFORD	30	26T	MOREHEAD	7
4T	T. W. ANDREWS	28	28T	DAVIE COUNTY	6
4T	EAST FORSYTH	28	28T	OLYMPIC	6
6	THOMASVILLE	24	28T	SOUTH ROWAN	6
7	GARINGER	22	28T	WATAUGA	6
8T	MYERS PARK	17	28T	WEST ROWAN	6
8T	PAGE	17	33	NORTH STANLY	5
10	SOUTH MECKLENBURG	16	34T	BREVARD	4
11	McDOWELL	14	34T	EAST GUILFORD	4
12T	POLK CENTRAL	12	34T	EAST HENDERSON	4
12T	R. J. REYNOLDS	12	34T	HARDING	4
12T	T. C. ROBERSON	12	38T	INDEPENDENCE	2
12T	WEST WILKES	12	38T	REIDSVILLE	2
16	HIGH POINT CENTRAL	11	38T	SURRY COUNTY	2
17	ASHBROOK	10 $\frac{1}{2}$	38T	WEST IREDELL	2
18T	EAST ROWAN	10	42	CENTRAL DAVIDSON	1 $\frac{1}{2}$
18T	NORTH MECKLENBURG	10	43T	EAST BURKE	1
18T	NO. WEST. CABARRUS	10	43T	FREEDOM	1
18T	A. C. REYNOLDS	10	43T	SHELBY	1
18T	TRYON	10	43T	SOUTHEAST GUILFORD	1
23T	GRIMSLEY	9			
23T	NORTH ROWAN	9			

17 TEAMS FAILED TO SCORE

N. C. H. S. A. A.

WESTERN REGIONAL GIRLS TRACK
RECORD AFTER 1982 MEET

<u>EVENT</u>	<u>RECORD HOLDER</u>	<u>SCHOOL</u>	<u>TIME/DIST.</u>	<u>SET IN</u>
LONG JUMP	KATRINA GRIER	WEST CHARLOTTE	19'6½"	1982
HIGH JUMP	WENDY RAY	WESTERN GUILFORD	5'8"	1979
TRIPLE JUMP	PAM MONROE	EASTERN RANDOLPH	38'8 3/4"	1981
SHOT PUT	SHUNTA ROBINSON	NORTH MECKLENBURG	42'10½"	1981
DISCUS	KATRINA SWANSON	MYERS PARK	128'8"	1982
100 METER LOW HURDLES	CLARA HAIRSTON	EAST FORSYTH	13.5	1981
100 METER DASH	DELAINE WATTS	WEST IREDELL	12.1	1978
	LISA STATON	SALISBURY	12.1	1979
	PRISCILLA COLEMAN	NORTHEAST GUILFORD	12.1	1981
800 METER RELAY	MARJORIE ROACH SHAWNE BOYD PHAEDRA MURRY KATHY LEEPER	HIGH POINT ANDREWS	1:41.1	1981
1600 METER RUN	KAREN MYERS	NORTH IREDELL	5:08.4	1979
400 METER RELAY	CAROL WILLIAMS TONYA SOUTHERN JAMIE CATHCART ROBIN CREMEDY	EAST FORSYTH	48.5	1982
400 METER DASH	TONJA WHITE	PAGE	56.1	1982
200 METER LOW HURDLES	SANDRA NICHOLS	THOMASVILLE	28.2	1981
800 METER RUN	PAT MILLER	A. C. REYNOLDS	2:17.2	1982
200 METER DASH	VANESSA HAMMOND	HICKORY	24.9	1982
3200 METER RUN	KAREN THOMPSON	EAST HENDERSON	11:14.4	1980
1600 METER RELAY	MARJORIE ROACH ONDREA DOUGLAS VON PAYNE KATHY LEEPER	HIGH POINT ANDREWS	4:00.8	1982

ALL RECORDS MUST BE SET IN REGIONAL MEET