

Mount Tabor High School Cross Country Team

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Front Row (left to right)—John Loftis, Robert March, Bobby Smith, Brant Hoots, Lynn Chapman, Charlie Goodman, Mike Parsley, Drew Warne, David Smith, Rob Marshall, Richard Reed, Wes Brooks.

..Second Row (left to right)—Coach Jim Morris, Bill Smith, Dicky Durham, Scott Bauer, Craig Carter, Bruce Goodman, Tim Tise, Danny Adams, Alan Roberts, Neal Vestal, John Sherrard, Mike Moye.

..Third Row (left to right)—Dean Roberts, J. Corpening, Randy Parks, David Porter, David Humes, Tom Brown, Garry Crist, Bev Jones, Larry Poe, Steve Harris, David Thornton, Bob Hurley, Oscar Roberson.

Mt. Tabor Harriers Go All Out

By LARRY BOHANNON

Cross country track is not the glamor sport of high school sports, but the Mount Tabor High School cross country team has produced two of the three school championships.

This year they are running another winning team with a number of the top runners being underclassmen. The

hold that Mount Tabor has on the Western 3-A seems to be assured for a long time. The team is so strong this year that in a meet two weeks ago they defeated area 4-A teams.

Coach Jim Morris is pleased with the team this year and the results they have produced. "We have some good runners and a lot of team spirit. Forty young men turned out to run cross

country this year so perhaps we are getting a little more popular. Every man on the team puts out everything they have", he said.

Popularity is not a hallmark of cross country. There are no cheering crowds and no cheerleaders at the meets. Perhaps fifteen spectators show up at the meets.

Often considered by those who have never run over the two mile course to be something of a dilettante's sport, it is actually a gruelling

sport requiring excellent conditioning, preparation and coordination. The course is a winding, hilly, narrow track behind the school. Turning back upon itself several times, the course calls for great agility to stay upright and to pass other runners on the course.

The runner is pitted against the other runners and himself. Finishing a race not completely exhausted means that you haven't run all out. The Mount Tabor team runs all out.



Straining for the Finish Line



Out of The Woods