

Two Meets Are Added For Runners

OCT. 14, 1970

High school cross-country runners will have two special meets added to their schedules.

Wake Forest will hold its invitational meet Saturday. Fourteen schools have entered.

Mount Tabor will be host to the first annual Forsyth County Cross-Country meet on Oct. 27. The Mount Tabor course is 2.2 miles long and the meet will start at 4 p.m.

Charlotte Myers Park is defending champion in the Wake Forest meet and this will be the last year the competition will be held. The high school meet conflicts with the Wake Forest schedule.

Teams entered for Saturday's running include North Forsyth, East Forsyth, Mount Tabor, West Forsyth, Charlotte Myers Park, Raleigh Broughton, Greensboro Grimsley, Martinsville (Va.) Laurel Park, Sumter, S. C., Hargrave Military Academy, Eden Morehead, Elkin, Cary and Northern Durham.

Coach Jim Morris is the Forsyth meet director. Trophies will be awarded to the winning team and the top individual runner. Ribbons will be presented to the first 10 finishers.

Mount Tabor will be one of the favorites in its meet. The Spartans are having a good cross-country season. Probably their top win came last week when Mount Tabor won a meet from East Forsyth, Reynolds and North Forsyth.

Reynolds is strong, losing only to Greensboro Smith and Mount Tabor. Bob Crump leads the Demons.

Edwin Robey leads West Forsyth. The Titans have broken even this season.

Whicker, E. Forsyth Win Titles

OCT. 29, 1970

Randy Whicker of East Forsyth fought off a strong challenge from Mike Lingerfelt of North Forsyth and won first place in the Mount Tabor Invitational cross-country meet yesterday.

Whicker covered the rugged 2.2-mile course in 11:53. Lingerfelt battled him for the lead all the way, but Whicker stayed in front most of the time.

Whicker pulled away when the two hit the Mount Tabor track for the closing yardage. He won by six-tenths of a second.

East Forsyth dominated the team competition, scoring 38 points. Reynolds was a distant second with 52 points (low score wins). Mount Tabor was third with 58. North Forsyth was fourth with 88 and West Forsyth was last with 98.

Bob Crump of Reynolds won another good battle when he beat Drew Warne of Mount Tabor for third.

East showed its team strength as Dennis Ferris, and Tim Montgomery took fifth and sixth.

The runners were all close in here. Crump had a time of 12:13, Warne was 12:18, Ferris was 12:21. Montgomery was 12:24. And a half-step behind were Bruce Warshawsky of Reynolds (12:25), Ed Robey of West Forsyth (12:26).

Randy's older brother, Steve, was a star distance runner at East and is now at Appalachian. Randy is a junior and has been running for two years. He is small and said that cross-country and track gave him a chance to compete in sports.

Randy had a hard time picking his best race since courses vary in length. He plans to run the two-mile in track this spring.

The top 25 finishers:

1. Randy Whicker, (EF) (11:53); 2. Mike Lingerfelt, (NF); 3. Bob Crump, (RJR); 4. Drew Warne, (MT); 5. Dennis Ferris, (EF); 6. Tim Montgomery, (EF); 7. Bruce Warshawsky, (RJR); 8. Ed Robey, (WF); 9. Jim Williams, (RJR); 10. Dean Roberts, (MT); 11. Wes Brooks, (MT); 12. Mark Guyer, (EF); 13. Doug Sink, (RJR); 14. Steve Summerford, (EF); 15. Charles Dowell, (NF); 16. David Thornton, (MT); 17. Mike Moyer, (MT); 18. Garry Crist, (MT); 19. Cris Plemmons, (WF); 20. Mark Moisinger, (RJR); 21. Larry Poe, (MT); 22. Maurice Revels, (WF); 23. Harvey Bailey, (WF); 24. John Petree, (NF); 25. Danny Adams, (MT).

Harriers Run at Mt. Tabor

OCT. 27, 1970

Mount Tabor will be host to a county-wide cross-country meet today.

East Forsyth, North Forsyth, Reynolds, West Forsyth and Mount Tabor are expected to take part.

The course is 2.2 miles long. A team trophy will be awarded and the top individual runner will also get a trophy. Ribbons

will be presented to the 10 top finishers.

Mount Tabor and Reynolds will battle for top honors. Mount Tabor beat Reynolds in an earlier meet.

Randy Whicker of East Forsyth, Mike Lingerfelt of North Forsyth, Ed Robey of West Forsyth, Drew Warne of Mount Tabor and Bob Crump of Reynolds are among the individual leaders.